Dalbeattie

Trail Information

Ironharsh Trail
- Green: Easy - 7.2 miles / 11.5 km
  5% singletrack. Allow 1 1/2 - 2 hours
The Ironhash trail provides an easy ride deep into the heart of the forest, mainly on forest roads. It’s ideal for getting a flavour of mountain biking.
Enjoy an easy ride into the heart of the woods, followed by a short uphill climb to impressive views over Dalbeattie. Perfect for beginners or children.

Moyle Hill Trail
- Blue: Moderate - 8.7 miles / 14.0 km
  35% singletrack. Allow 2 - 3 hours
Get ready to rock and roll, on this fun trail which delivers some cracking views.
An ideal introduction to 7stanes singletrack and the granite rock that Dalbeattie is famed for. There are sections with rocks and roots, plus some steady uphill climbs – all rewarded with beautiful views of the Urr estuary.

Hardrock Trail
- Red: Difficult - 15.6 miles / 25.0 km
  65% singletrack. Allow 1 1/2 - 3 hours
Step it up a gear on this challenging route with its rougher and rockier surface.
Take a ride on miles of singletrack and be prepared for some challenging features along the way. There are optional black-graded sections if you feel like testing your technical ability.
The Slab is the star of the show – this fabled section of steer granite lies at a steep angle and offers a thrilling experience.

Blue Taster Loop
- Blue: Moderate - 2.5 miles / 4.0 km
  75% singletrack. Allow 1/2 hour

Red Taster Loop
- Red: Difficult - 2.5 miles / 4.0 km
  90% singletrack. Allow 1/2 - 3 hours

Hardrock Trail sections
- Black: Severe - 100% singletrack.

Is This For You?
Find the right cross-country singletrack trail grade for your abilities

<table>
<thead>
<tr>
<th>Singletrack trails</th>
<th>Suitable for:</th>
<th>Trail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Green: Easy</td>
<td>Beginners in good health.</td>
<td>Relatively flat &amp; wide.</td>
</tr>
<tr>
<td>Blue: Moderate</td>
<td>Riders in good health with basic off-road riding skills.</td>
<td>Some “single-track” sections &amp; small obstacles of root &amp; rock.</td>
</tr>
<tr>
<td>Red: Difficult</td>
<td>Proficient mountain bikers with good off-road riding skills.</td>
<td>Challenging climbs, tricky descents &amp; technical features such as drop-offs and large rocks.</td>
</tr>
<tr>
<td>Black: Severe</td>
<td>Expert mountain bikers with high level of fitness.</td>
<td>Greater challenge &amp; difficulty. Expect large &amp; unavoidable features.</td>
</tr>
</tbody>
</table>

Mountain biking is a potentially hazardous activity carrying a significant risk.

Is This For You?
Find the right non singletrack trail grade for your abilities

<table>
<thead>
<tr>
<th>Forest Roads &amp; Bike Parks</th>
<th>Suitable for:</th>
<th>Trail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forest Road &amp; Similar</td>
<td>Cyclists in good health.</td>
<td>Gradients can vary. Surfaces may be uneven or potholed in places. Look out for vehicles &amp; other users.</td>
</tr>
<tr>
<td>Extreme: Downhill trails</td>
<td>Extreme level riders with expert technical skills &amp; good fitness. Technical bike skills important. Jumping ability obligatory.</td>
<td>Extreme levels of exposure &amp; risk. Large features.</td>
</tr>
</tbody>
</table>

Mountain biking is a potentially hazardous activity carrying a significant risk.