Glentress
Your adventure starts here!

Rightly renowned for its mountain biking, there’s more to Glentress than you’d expect! Away from the biking trails, there are excellent walking trails and opportunities to spot local wildlife too.

Frequen tly Asked Questions

1. How do I get to Glentress?

Traveline Scotland, 0871 200 2233 or www.travelinescotland.com (whether you’re looking for a nice walk, quiet picnic, a tree-top adventure, a glimpse of the valley’s prehistoric settlements, a visit to one of the best mountain biking centres in the UK, art in the Forest Park, or a picnic paradise, Glentress has your every need catered to).

Nurturing In The Forest Park

Enjoy the work of local artists, celebrating the legends of the area, and watching the osprey chicks grow from fluff balls to spectacular adults. Open mid-April to the end of August.

Cycling in the Forest Park

For those with limited mobility, wheelchair users and families with young children will enjoy the gentle slopes.

Horse Riding in the Forest Park

No experience is required. Both Cademuir and Cardrona offer easy access for horseboxes.

Heritage in the Forest Park

Visit the remains of Castles, ancient settlements, and the remains of Black and White houses.

Special Events

The Peebles Highland Games, held in the Forest Park in August, attract over 20,000 visitors.

2. What do I need to bring?

A bit of sun for you and your bike, a bit of mud for the kids. All the essential road rules.

3. Are there any facilities on site?

Yes, there’s a café, a play area, and a toilet block. There’s also a bike hire and skills classes available at Glentress Peel.

4. What else is there to see?

The visitor facilities at Glentress are second to none and provide the ideal base for exploring the wider Forest Park.

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5. Can I bring my dog?

Yes, but please keep your dog on a lead and make sure it doesn’t disturb other visitors or wildlife.

6. Is there public transport?

Yes, more information on transport is available on www.travelinescotland.com.

7. What if I have a complaint?

Contact: www.forestry.gov.uk/scotland

Contact Glentress

Enquiries & Booking Centre
Tw eed Valley Forest Park
Village, Parkgate, Dumfries DG1 1QB
Tel: 0300 123 0000
E-mail: diversitv@forestry.gsi.gov.uk
Website: www.forestry.gov.uk/scotland

You Need This Publication? Please contact:
Traveline Scotland
Tel: 0871 200 2233 or www.travelinescotland.com
Be properly equipped; 1/4 km 1/2 km 6 5

Most of the trails have numbered posts, which you can use www.7stanesmountainbiking.com

Forestry Commission Scotland welcomes all visitors to Tweed Valley Forestry Park. To help you enjoy the park and have a safe visit please read the information in this panel. Details of all the walking routes in the Forest Park are described in this guide.

Take care on the hills

Please remember that the weather on the hills can change very quickly. Even in summer, conditions on the tops of hills are often much colder and windy than at lower levels, despite clear skies. Here are some pointers to make your visit safe and enjoyable:

- Plan your route carefully and stick to it.
- Tell someone where you are going and when you expect to return.
- Take lightweight warm and waterproof clothing.

What the map symbols mean

All forestry commission Scotland guide maps use symbols, the key shows what they mean.

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