









Mabie

Mountain bike trails

Facilities

-  Parking
-  Toilets
-  Accessible facilities
-  Picnic area
-  Play area
-  Horse riding
-  BBQ area
-  Walking trails
-  Viewpoint

There is a charge to park at some of our sites please refer to our website for details.

Location

Nearest postcode: DG2 8HB

How to get here

Mabie Forest lies just beside the A710 between Dumfries and New Abbey. Look out for signposts to the forest from the A710 about 4 miles (6.5 km) from Dumfries. Turn into the forest and it's about ½ mile (1km) to the car park, at grid reference NX 950 709.

Off-road cycling is a hazardous activity carrying some inherent risks. Please consider your skills, abilities and fitness carefully, and always make sure your bike and helmet are safe to use.



Cycle route grading - Is this for you? Find the right grade for your abilities

Green: Easy ●

Expect: Relatively flat, wide and smooth trails. Gentle climbs, descents, rollers and berms, with easy to avoid features such as rocks and potholes. Surface might be loose, uneven or muddy at times.

Blue: Moderate ■

Expect: A mixture of climbs and descents with moderate gradients, technical features like tree roots and rock steps; jumps and berms. Rollable features at controlled speed. Variable surfaces.

Red: Difficult ▲

Expect: A mixture of steep climbs, descents and/or avoidable features. Larger jumps, berms and rollable features at controlled speed. Technical features such as tree roots, drop-offs and large rocks. Very variable surfaces.

Black: Severe ◆

Expect: Long and steep climbs, descents and jumps. Numerous hazards including drop-offs and severe features. Rapid rate of surface change. Commitment required.

Double-black: Extreme ◆◆

Expect: Very fast and steep descents. Large drop-offs, jumps and unavoidable obstacles that require high levels of skill and commitment. Extreme level of exposure or risk. Rapid rate of surface change.

Forest road & tracks

Expect: Gradients can be steep or variable. Surfaces may be uneven, loose or potholed. Navigation skills are useful (routes not always waymarked). Look out for other users, vehicles and forestry work.



Trail Information

Big Views Green Loop



Easy | 5 miles | 8km
20% singletrack | Allow 1 - 2 hours

Gentle slopes and sweeping scenery give you an easy enjoyable ride.

Big Views by name, big views by nature - this trail offers excellent views of the Solway Firth and Nith estuary. You'll mainly find forest road on this route and the gradients are manageable, ensuring a pleasant ride.

The Phoenix Red Trail



Difficult | 11¾ miles | 19km
82% singletrack | Allow 1 - 2 hours

A mixed cross-country route in stunning woodland on natural trails and singletrack.

A fast, challenging ride in places with rocky obstacles and tight berms. The Phoenix Trail takes you cross country through majestic woodland on both natural trails and singletrack.

Woodhead Blue Loop



Moderate | 6¼ miles | 10km
25% singletrack | Allow 1 - 2 hours

The Woodhead Loop is slightly harder than the Big Views Loop and explores the far side of the forest using quiet forest roads and some easy singletrack.

Explore the woods on forest roads and easy singletrack, this route is the perfect option for novices looking to build their confidence.

Viewpoint Blue Loop



Moderate | 6¼ miles | 10km
25% singletrack | Allow 1 - 2 hours

The Viewpoint Loop has more technical single track, as it shares a short section of the red route making it ideal for those wishing to advance to red grade trails. The trail returns on the green route.

The views from the forest road overlooking Dumfries and the Solway Firth are spectacular, and perfect for stopping to take a break. Look out for the telescope on route to take a closer look.



Map of Mabie

